

Recent achievements and future plans



- **HOW TO GET INVOLVED**
- **ADOPTED AGE AND AGEING STUDIES**
- **CASE STUDY**

Local Specialty Group Lead Professor Claire Goodman

Email: c.goodman@herts.ac.uk

LSG Facilitator Holly Guest

Email: h.guest@herts.ac.uk



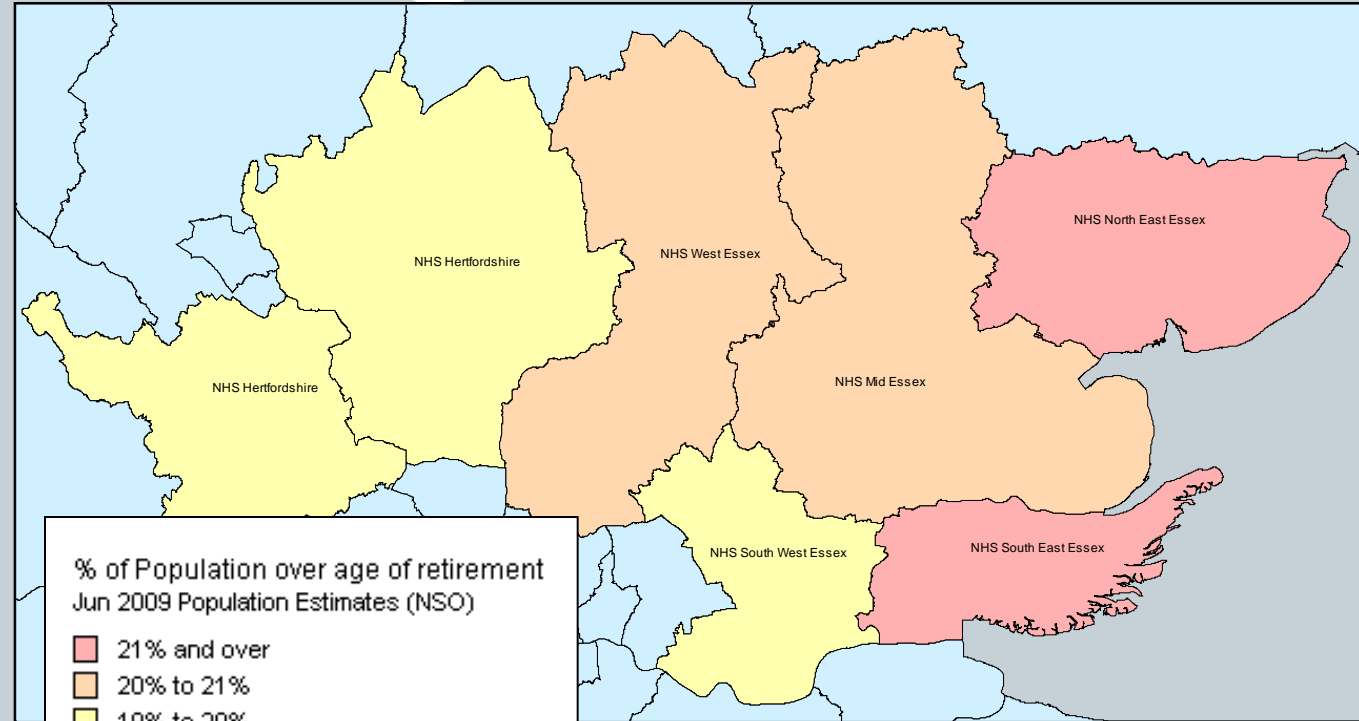
Why do we need to develop this LSG ?



- Older people are the greatest users of health services but are often excluded from research (e.g. upper age limits on RCTS)
 - **BUT**
- ↑ research that is age specific.
- ↑ interest in the oldest old 85+
- Population with multiple needs: co-adoption can help recruitment
- Link with older people services and practitioners working at every level of health and social care

Current picture in Essex and Herts

- Almost 900 care homes
- 16 hospitals in 7 PCTs
- Broad range of OP services from SALT teams and nutritionists to mental health services



% of Population over age of retirement
Jun 2009 Population Estimates (NSO)

- 21% and over
- 20% to 21%
- 19% to 20%
- up to 18%

**The average % for
England is 19.34%**

What is this LSG seeking to do ?



- Recruit older people to studies
- Create collaboration and networking in research **across** older people services and practitioners
- Exploit multiple recruitment opportunities (e.g. hospital, care homes, rehabilitation, social care, older people support groups)

Studies adopted to Age and Ageing so far...



	2008				2009				2010	
	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2
Randomised	0	0	0	2	7	6	11	3	8	4
Non-randomised	19	90	41	39	79	13	5	12	6	0

Recruitment by study type 2008-mid 2010

- 3 studies in Hertfordshire and Essex adopted to Age and Ageing network
- Further 3 studies locally co-adopted over the last 2 months
- Scoping for 2 more studies to be adopted

What next?



- **Next LSG meeting Southend 13th April 3-4.30pm**
- **Identification of special interest groups (e.g. nutrition, falls, emergency service use)**
- **Link to active public involvement group**
- **Increasing opportunities to support and do research**

Case studies



- **Pernicious Anaemia**
- **MAIN AD Care Homes Study**
- We were able to offer advice BUT needed to be able to identify key sites and clinicians we knew were interested in research in these areas

Questions



- **Continue with networks of interest by area?**
- **Develop special interest groups by**
 - **issue**
 - **discipline**
 - **location?**
- **How else can we make links with groups already working with older people?**
- **Are there other incentives to engage with an LSG network?**