

Getting Involved in Research

How you can get involved in applied
people-focused health and social care
research

Dr Mike Gogarty

Joint Director of Public Health &
Health Policy, North East Essex
PCT & Essex Country Council

The NIHR **Research Design Service** for the East of England

A service supporting research for
patient benefit

Professor Gill Green

The NIHR Research Design Service for the East of England

- Turning good research ideas into strong research proposals
- Building collaborative teams of academics, NHS clinicians and service users
- Focus on research for patient benefit

The NIHR **Comprehensive Local Research Network** for Essex & Hertfordshire (CLRN)

Oksana Hoile

What is CLRN?

- Part of the family of research networks under the umbrella of the National Institute for Health Research (NIHR)
- Specific responsibility for ensuring high quality research of relevance and importance to the NHS and its users can proceed in the NHS

Which studies are supported by CLRN?

- All health studies that have been through rigorous reviews and adopted onto the National Portfolio of Research ('portfolio research')
- 17 NHS trusts (hospitals, primary care, mental health) in Essex & Hertfordshire are member of the CLRN

What is funded by CLRN?

- NHS staff time to participate in the portfolio research
- Local support services, e.g. pharmacies, X-ray departments, laboratories – all services contributing to research
- Also, we undertake regulatory checks of all research protocols; and
- Training staff so they conduct research safely and effectively

Local Specialty Groups

- CLRN funds Local Specialty Groups (there are 26 national clinical research areas all together)
- A new concept focusing on practical aspects of overcoming barriers to participating in research (local NHS, staff, patients and carers)

Our emphasis is not on why public involvement in research is important, but on how to make it most effective and worthwhile experience!

What we hope to achieve today?

- To listen to your views about getting involved in research
 - Do you want to be involved?
 - What do you feel you can contribute?
 - How can we work together most effectively to support and promote research that patients and the public want?



Lynn Mynott

Thyroid UK