

There are many ways in which you can help improve NHS research!

To find out how you can get involved and to help us improve people's experience of participating in research, please contact the Essex and Hertfordshire CLRN

For further information regarding health studies happening in your area, please contact:

Essex and Hertfordshire CLRN

Tel: 01206 288251

E-mail: clrn@northeastessex.nhs.uk

Website: www.essex-herts.crncc.nihr.ac.uk

For further information regarding helping to shape the design of health studies, please contact:

**The Research Design Service for the East of England,
University of Essex, CO4 3SQ**

Tel: 01206 874856

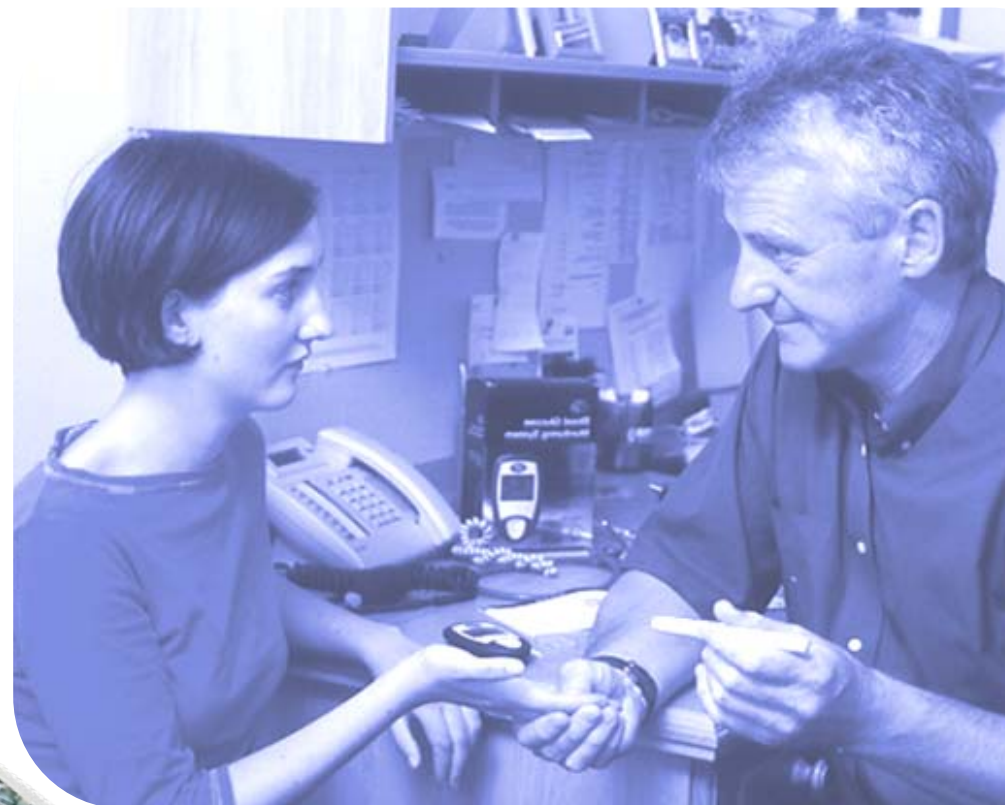
E-mail: rdsc@essex.ac.uk

Website: www.RDS-oe.nihr.ac.uk



NHS
National Institute for
Health Research

GET INVOLVED WITH HEALTH RESEARCH



The Essex and Hertfordshire Comprehensive Local Research Network operates as part of the NIHR Comprehensive Clinical Research Network in England. It is part of the National Institute for Health Research and forms part of the UK Clinical Research Network.

www.crncc.nihr.ac.uk



Who are **your** local CLRN?

The Essex and Hertfordshire Comprehensive Local Research Network (CLRN) is one of the 25 comprehensive networks in England funded by the Department of Health to deliver the National Institute of Health Research (NIHR) strategy.

Essex and Hertfordshire CLRN covers all local NHS Trusts

Comprehensive primary, secondary care including mental health and all aspects of health, services, treatments and diseases

Local health collaborations via Local Speciality Groups and NHS Trusts

Research development and conduct of high quality health research, regulatory advice and financial support

Network liaison and support with national and regional research networks, research institutions and academia



Links ... Find out more about health research...

- **INVOLVE** - An advisory group on public involvement in research and development in the Department of Health.
Address: Wessex House, Upper Market Street, Eastleigh, Hampshire, SO50 9FD.
Tel: 02380 651088.
E-mail: admin@invo.org.uk
Website: www.invo.org.uk
- **PEOPLE IN RESEARCH** - opportunities for public involvement in clinical research, helps members of the public make contact with organisations that want to actively involve them in clinical research.
Tel: 020 7670 5153
E-mail: peopleinresearch@ukcrc.org
Website: www.peopleinresearch.org
- **Diabetes Research Networking** – the website where you'll find information about diabetes and diabetes research. Find out from fellow patients what it's like to be involved in a clinical research project.
Website: www.diabetesresearchnetworking.org
- **DeNDRoN** (Dementias and Neurodegenerative Diseases Research Network) - find out more about their Patient and public involvement (PPI) on their website. DeNDRoN helps patients or carers in having a say in the overall planning of dementias and neurodegenerative disease research.
Website: www.dendron.org.uk

Specialty Areas of Interest

- **Age & Ageing**
- **Anaesthetics**
- **Cardiovascular**
- **Clinical Genetics**
- **Critical Care**
- **Dermatology**
- **Ear, Nose and Throat (ENT)**
- **Gastroenterology**
- **Health Services Research**
- **Hepatology**
- **Immunology & Inflammation**
- **Infectious Diseases & Microbiology**
- **Injuries & Accidents**
- **Metabolic & Endocrine**
- **Musculoskeletal**
- **Nervous System Disorders**
- **Non-Malignant Haematology**
- **Ophthalmology**
- **Oral & Dental**
- **Paediatrics (non medicines)**
- **Public Health**
- **Renal**
- **Reproductive Health & Childbirth**
- **Respiratory**
- **Surgery**
- **Urogenital**

Our Aim

To widen participation in research and ensure that patients and healthcare professionals from all parts of Essex and Hertfordshire are able to participate in, and benefit from, high quality research in all areas of disease and healthcare.

This improves patient care by:

- Encouraging the development of new and innovative treatments
- Giving patients access to these cutting edge treatments closer to home
- Embedding research into the day to day care and provision of healthcare
- Improving overall quality, speed and coordination of research in the NHS
- Bringing new, thoroughly tested, treatments to patients more quickly through close working with pharmaceutical and health technology companies

Working for patients

Working for you

As well as the direct benefits to patients, their carers and families, research in NHS is aimed at preventing diseases, or delaying their progression, improving services whilst providing wider benefits to the population as a whole by improving the health and welfare of the nation.



Changing the way the NHS supports research

- Speeding up the set up of research studies
- Removing barriers to research in the local NHS
- Improving access for researchers to carry out research in the local NHS
- Ensuring that research in the local NHS is of the highest quality and relevant



Benefits to patients

Health research is essential to work out why some people become ill and others do not, what happens when people become ill, what treatments work and how best to care for people who are ill.

As a patient taking part in a health study you can:

- Benefit from the highest standards of health care
- You will be looked after by healthcare professionals with expert knowledge who will be able to spend more time with you and will monitor any changes in your condition during the study. Any slight changes – good or bad – will be picked up and acted upon quickly

For further information regarding health studies being conducted in your area, please contact:

Essex and Hertfordshire CLRN

E-mail: clrn@neesexpct.nhs.uk

Website: www.essex-herts.crncc.nihr.ac.uk

For further information regarding research design of health studies, please contact the Central Co-ordinator at:

The Research Design Service for the East of England, University of Essex, CO4 3SQ

Tel: 01206 874856

E-mail: rdsc@essex.ac.uk

Website: www.RDS-eoe.nihr.ac.uk

Expertise in taking part in health studies

Help to shape the future of health research.

NIHR Comprehensive Local Research Networks offer opportunities to be involved both locally and nationally in the health research process in the NHS. You, your family and/or your carers can help us improve the quality and experience of research in NHS by sharing your own experience and knowledge of what it is like to be involved in a study, asking the right questions about individual study plans and design and contributing to the interpretation and dissemination of research results and much more.

Delivering quality

- Asking the right research questions in the right way
- Ensuring research directly reflects the needs and views of the patients and the public
- Completing research projects to target and on time
- Working to ensure that research makes a difference
- Helping researchers to improve the environment in which NHS research takes place